

INTRODUCING

# AbsoRice® & AbsoBAR

GLUTEN FREE,  
LACTOSE FREE & VEGAN  
COMPLETE PROTEIN SOURCES





# SENSATIONAL PROTEIN POWDER MIX FROM RICE & PEAS

## REASONS WHY ABSORICE IS ONE OF YOUR BEST OPTIONS FOR PROTEIN SUPPLEMENTATION

AbsoRice Protein powder is extracted from rice and peas and it's simply a spectacular choice for people with milk allergies, lactose intolerance or gluten intolerance. It can be easily digested and it delivers a PDCAAS close to 1, making AbsoRice® a protein source comparable to whey protein but from non-GMO vegetable sources. Protein contributes to a growth in muscle mass and to the maintenance of normal bones.

## SPECIAL FEATURES OF ABSORICE PROTEIN POWDERS

AbsoRice is gluten free, lactose free, sugar free and fully vegan. It is high in fibre, high in protein (72%), is sweetened with stevia and it contains no animal or GMO sources. Mix it with rice milk, oat milk, almond milk, water, fruit juice before use or add this sensational protein to your favorite recipes to fortify your meals.

**GLUTEN  
FREE**



**LACTOSE &  
DAIRY FREE**

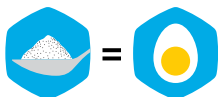


**ALL  
VEGAN**



## PROTEIN CONTENT

1 tablespoon of  
AbsoRice has the  
same amount of  
protein as 1 egg



## MIX WITH

rice milk, oat milk,  
almond milk,  
water or fruit juice  
before use



## CHOCOLATE

Delightful protein powder:  
Consume as a shake, a smoothie,  
or use it as an ingredient for baking.

**CALORIES** 115 **PROTEIN** 22 G **SUGAR** <0.5 G

## VANILLA

Simply spectacular:  
Vanilla flavor with a subtle  
creamy taste. Try it if you dare.

**CALORIES** 112 **PROTEIN** 22 G **SUGAR** <0.5 G



## STRAWBERRY

Amazing new formula:  
Tastes best with fruit juice.

**CALORIES** 113 **PROTEIN** 22 G **SUGAR** <0.6 G

## COCOA CREAM

Wonderful variation  
for cocoa lovers.

**CALORIES** 116 **PROTEIN** 22 G **SUGAR** <0.3 G



## CAPPUCCINO

Created for coffee fanatics,  
this magical flavor will blow your mind.

**CALORIES** 112 **PROTEIN** 22 G **SUGAR** <0.9 G

# NEW ABSOBAR PROTEIN BAR

LACTOSE  
FREE

GLUTEN  
FREE

100%  
VEGAN



## WHAT IS ABSOBAR?

AbsoBAR is a great-taste, gluten free, lactose free & vegan protein bar. It is available in three flavors: chocolate, banana and strawberry. The combination of protein from rice and peas delivers a PDCAAS close to 1, what makes AbsoBAR a source of complete protein without the use of any ingredients of animal origin.

## WHAT IS IT GOOD FOR?

Use it before or after your workout, as a healthy snack if you are craving for something sweet between meals or if you need extra protein because of your dietary requirements. Protein contributes to a growth in muscle mass and to the maintenance of normal bones. AbsoBAR is high in protein (21g) and high in fibre (11g) also.

GLUTEN  
FREE



LACTOSE &  
DAIRY FREE



ALL  
VEGAN







## BRAND NEW ABSORICE EXTRA NATURAL THE ULTIMATE VEGAN PROTEIN POWDER FROM RICE AND PEAS

### WHAT IS ABSORICE® EXTRA NATURAL?

There are two differences between AbsoRice classic and AbsoRice EXTRA NATURAL: flavoring and tara gum. AbsoRice classic contains nature-identical flavoring substances, which are synthesized by chemical processes but chemically identical to flavoring substances naturally present in products intended for human consumption. AbsoRice EXTRA NATURAL version contains only natural flavoring substances, obtained from plant raw materials, by physical, microbiological or enzymatic processes.

For a better taste AbsoRice classic contains cellulose gum, but in AbsoRice EXTRA NATURAL this ingredient has been substituted with tara gum, also called Peruvian carob, a natural additive, obtained by grinding the endosperm of the seeds of tree native in Peru, Caesalpinia spinosa, of the Leguminosae family.

### WHY WAS ABSORICE® EXTRA NATURAL CREATED?

Many of our vegan customers were asking for a protein powder that contains 100% natural ingredients, that is why we created AbsoRice EXTRA NATURAL as the ultimate vegan protein powder, that delivers all the benefits of AbsoRice classic but contains only natural ingredients: it is lactose, gluten free, sugar free, high fibre, non GMO, 100% vegan, has a complete amino acid profile and it is sweetened with stevia.

AbsoRice EXTRA NATURAL is currently available in 3 different flavors: chocolate, vanilla and cappuccino. Mix it with rice milk, oat milk, almond milk, water, fruit juice before use or add this sensational protein source to your favorite recipes to fortify your meals. Pick your favorite one and start using the ultimate vegan protein today!

### PROTEIN CONTENT

1 tablespoon of AbsoRice has the same amount of protein as 1 egg



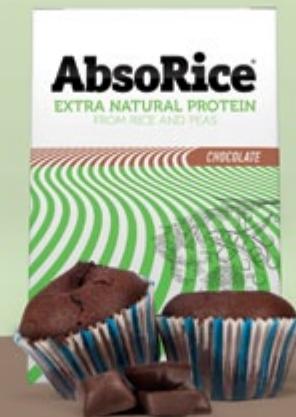
### MIX WITH

rice milk, oat milk, almond milk, water or fruit juice before use



## VEGAN CHOCOLATE

CALORIES  
115  
PROTEIN  
22 G  
SUGAR  
<0.5 G



## VEGAN VANILLA

CALORIES  
112  
PROTEIN  
22 G  
SUGAR  
<0.5 G



## VEGAN CAPPUCCINO

CALORIES  
112  
PROTEIN  
22 G  
SUGAR  
<0.9 G





## TRANSFORM YOUR MEALS INTO HIGHLY NUTRITIOUS SUPER FOODS

### COOKING AND BAKING ARE NOT WHAT THEY USED TO BE

What makes any food super-nutritious is the correct balance of macronutrients it contains. Adding AbsoRice protein to yoghurt, ice cream, cakes, muffins, cookies, bread, pancakes or any other food will transform them into home-made, healthy, safe and delicious delicacies that will not only astonish your senses but will also feed your body with the necessary building blocks of protein that it needs to perform at its best.

### 8 REASONS THAT MAKE ABSORICE CLEAN A SPECTACULAR PROTEIN

AbsoRice CLEAN is one of the cleanest protein powders that you can use for cooking and baking. It is rare to find a protein powder that it's 100% natural, it contains 0% additives and more than 80% protein. It not only is lactose free, gluten free, 100% vegan and non-GMO, but it also produces no food allergies or intolerances. AbsoRice CLEAN is available as protein powder from rice or protein powder from peas. They may be used separately or in combination if a perfectly balanced amino acids profile is desired.

GLUTEN  
FREE



LACTOSE &  
DAIRY FREE



ALL  
VEGAN



NON  
GMO



100%  
NATURAL



80%  
NET PROTEIN  
CONTENT



0%  
ADDITIVES



## CLEAN PROTEIN FROM RICE

Unflavored. Use for  
cooking and baking.

SUGAR  
<0.1 G

PROTEIN  
8 G

CALORIES  
45

## CLEAN PROTEIN FROM PEAS

Unflavored. Use for  
cooking and baking.

SUGAR  
<0.1 G

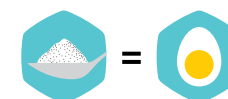
PROTEIN  
8 G

CALORIES  
39



### USE AS A FOOD INGREDIENT

Add to pancakes, cookies,  
yoghurt, ice cream, muffins,  
cakes, bread or any other food



### PROTEIN CONTENT

1 tablespoon of AbsoRice  
is equivalent to 1 egg

# ORDER OUR PRODUCTS TODAY!

The products listed on this page are on stock and available for order. Please send an email to the following email address for more information: [absorice@absorice.com](mailto:absorice@absorice.com)



AbsoRice Cappuccino 30g



Clean Protein from Rice 500g



Clean Protein from Peas 350g



AbsoRice Chocolate 500g



AbsoRice Vanilla 500g



AbsoRice Strawberry 500g



Extra Natural Chocolate 500g



Extra Natural Vanilla 500g



Extra Natural Cappuccino 500g



AbsoRice Cocoa Cream 500g



AbsoRice Cappuccino 500g



AbsoRice Chocolate 30g



AbsoBAR Chocolate 74g



AbsoBAR Banana 74g



AbsoBAR Strawberry 74g



AbsoRice Vanilla 30g



AbsoRice Strawberry 30g



AbsoRice Cocoa Cream 30g



AbsoRice shaker 600ml



MIND-BLOWING  
UNFLAVOURED  
CLEAN PROTEIN  
POWDER FOR  
**COOKING  
& BAKING**



## CONTACT INFORMATION

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[www.absorice.com](http://www.absorice.com)

**Absorice®**

# AbsoRice® & AbsoBAR

LACTOSE & GLUTEN FREE,  
VEGAN PROTEIN MIXES AND BARS  
WITH NO ADDED SUGAR



PRODUCT  
OVERVIEW



# ABSORICE PROTEIN CHOCOLATE

Available package sizes:

**500g / 30g**

TYPICAL VALUES	PER 100 G	PER 30G SERVING	*NRV / SERVING
ENERGY (kJ)	1618 kJ	485,3 kJ	6%
► CALORIE (kcal)	385 kcal	115,5 kcal	6%
FAT (g)	7,6 g	2,3 g	3%
► SATURATED FAT (g)	2,5 g	0,8 g	4%
CARBOHYDRATE (g)	8,2 g	2,5 g	1%
► SUGAR (g)	0,7 g	0,2 g	0%
FIBRE (g)	7,9 g	2,4 g	–
PROTEIN (g)	72 g	21,6 g	43%
SALT (g)	2 g	0,6 g	10%
* NUTRIENT REFERENCE VALUES			



**Ingredients:** rice protein, pea protein, cocoa powder, bamboo fibre, carob powder, cellulose gum, flavoring, steviol glycosides

**Hypoallergenic:** Contains no yeast, dairy, egg, gluten, corn, soy or wheat. Contains no sugar, starch, salt, preservatives, artificial color or sweeteners.

**Suggested use:** Mix 2-4 tablespoons (approx. 16-32g) of Absorice with 380ml (13 ounces) of water. Mix in shaker or blender until all the absorice is completely dissolved. Intensity of taste varies with increasing or decreasing water quantity, find the ratio which fits best for you. Absorice mixes well with milk or yogurts, if you are sure you are not allergic or intolerant to dairy you can try these shakes for an even creamier mouthfeel.

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Consume within 30 days of opening. Store in a cool, dry place.

Produced exclusively by Absorice Hungary Kft. 40 Cserkut St Budapest, Hungary 1162

Place of origin: EU



**GLUTEN  
FREE**



**LACTOSE &  
DAIRY FREE**



**ALLERGEN  
FREE**



**SAFE &  
HEALTHY**



**100%  
VEGAN**



**NON  
GMO**



**WITH  
STEVIA**



**72%  
NET PROTEIN  
CONTENT**



**HIGH IN  
BCAA**

# ABSORICE PROTEIN VANILLA

Available package sizes:

**500g / 30g**



TYPICAL VALUES	PER 100 G	PER 30G SERVING	*NRV / SERVING
ENERGY (kJ)	1573 kJ	471.9 kJ	5%
► CALORIE (kcal)	375 kcal	112,5 kcal	5%
FAT (g)	3 g	0.9 g	1%
► SATURATED FAT (g)	0.9 g	0.3 g	1%
CARBOHYDRATE (g)	11.4 g	3.4 g	1%
► SUGAR (g)	1 g	0.3 g	0%
FIBRE (g)	8.6 g	2.6 g	—
PROTEIN (g)	72 g	21.6 g	39%
SALT (g)	0.9 g	0.3 g	11%
* NUTRIENT REFERENCE VALUES			



**Ingredients:** rice protein, pea protein, bamboo fibre, flavouring, carob powder, cellulose gum, steviol glycosides

**Hypoallergenic:** Contains no yeast, dairy, egg, gluten, corn, soy or wheat. Contains no sugar, starch, salt, preservatives, artificial color or sweeteners.

**Suggested use:** Mix 2-4 tablespoons (approx. 16-32g) of Absorice with 380ml (13 ounces) of water. Mix in shaker or blender until all the absorice is completely dissolved. Intensity of taste varies with increasing or decreasing water quantity, find the ratio which fits best for you. Absorice mixes well with milk or yogurts, if you are sure you are not allergic or intolerant to dairy you can try these shakes for an even creamier mouthfeel.

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**ALLERGEN  
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**SAFE &  
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**100%  
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**NON  
GMO**



**WITH  
STEVIA**



**72%  
NET PROTEIN  
CONTENT**



**HIGH IN  
BCAA**

# ABSORICE PROTEIN STRAWBERRY

Available package sizes:

**500g / 30g**

TYPICAL VALUES	PER 100 G	PER 30G SERVING	*NRV / SERVING
ENERGY (kJ)	1579 kJ	473.7 kJ	5%
► CALORIE (kcal)	377 kcal	113.1 kcal	5%
FAT (g)	3 g	0.9 g	1%
► SATURATED FAT (g)	0.9 g	0.3 g	1%
CARBOHYDRATE (g)	12.1 g	3.6 g	1%
► SUGAR (g)	1.8 g	0.5 g	0%
FIBRE (g)	8 g	2.4 g	—
PROTEIN (g)	72 g	21.6 g	39%
SALT (g)	0.9 g	0.3 g	11%
* NUTRIENT REFERENCE VALUES			



**Ingredients:** rice protein, pea protein, bamboo fibre, beetroot extract, carob powder, cellulose gum, flavoring, steviol glycosides

**Hypoallergenic:** Contains no yeast, dairy, egg, gluten, corn, soy or wheat. Contains no sugar, starch, salt, preservatives, artificial color or sweeteners.

**Suggested use:** Mix 2-4 tablespoons (approx. 16-32g) of Absorice with 380ml (13 ounces) of water. Mix in shaker or blender until all the absorice is completely dissolved. Intensity of taste varies with increasing or decreasing water quantity, find the ratio which fits best for you. Absorice mixes well with milk or yogurts, if you are sure you are not allergic or intolerant to dairy you can try these shakes for an even creamier mouthfeel.

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**LACTOSE &  
DAIRY FREE**



**ALLERGEN  
FREE**



**SAFE &  
HEALTHY**





# ABSORICE PROTEIN COCOA CREAM

Available package sizes:

**500g / 30g**

TYPICAL VALUES	PER 100 G	PER 30G SERVING	*NRV / SERVING
ENERGY (kJ)	1614 kJ	484 kJ	5%
► CALORIE (kcal)	385 kcal	116 kcal	5%
FAT (g)	4 g	1.2 g	1%
► SATURATED FAT (g)	1.5 g	0.5 g	2%
CARBOHYDRATE (g)	11.6 g	3.5 g	1%
► SUGAR (g)	0.4 g	0.1 g	0%
FIBRE (g)	6.2 g	1.9 g	–
PROTEIN (g)	72 g	21.5 g	39%
SALT (g)	0.9 g	0.3 g	13%
* NUTRIENT REFERENCE VALUES			



**Ingredients:** rice protein, pea protein, cocoa powder, flavouring, cellulose gum, carob powder, bamboo fibre, steviol glycosides

**Hypoallergenic:** Contains no yeast, dairy, egg, gluten, corn, soy or wheat. Contains no sugar, starch, salt, preservatives, artificial color or sweeteners.

**Suggested use:** Mix 2-4 tablespoons (approx. 16-32g) of Absorice with 380ml (13 ounces) of water. Mix in shaker or blender until all the absorice is completely dissolved. Intensity of taste varies with increasing or decreasing water quantity, find the ratio which fits best for you. Absorice mixes well with milk or yogurts, if you are sure you are not allergic or intolerant to dairy you can try these shakes for an even creamier mouthfeel.

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DAIRY FREE**



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# ABSORICE PROTEIN CAPPUCCINO

Available package sizes:

**500g / 30g**



TYPICAL VALUES	PER 100 G	PER 30G SERVING	*NRV / SERVING
ENERGY (kJ)	1563 kJ	469 kJ	4%
► CALORIE (kcal)	373 kcal	112 kcal	4%
FAT (g)	3 g	0.9 g	1%
► SATURATED FAT (g)	0.9 g	0.3 g	1%
CARBOHYDRATE (g)	11.5 g	3.5 g	1%
► SUGAR (g)	2.2 g	0.7 g	1%
FIBRE (g)	7.5 g	2.3 g	—
PROTEIN (g)	71 g	21.3 g	39%
SALT (g)	0.9 g	0.3 g	13%
* NUTRIENT REFERENCE VALUES			

**Ingredients:** rice protein, pea protein, carob powder, bamboo fibre, flavouring, cellulose gum, steviol glycosides

**Hypoallergenic:** Contains no yeast, dairy, egg, gluten, corn, soy or wheat. Contains no sugar, starch, salt, preservatives, artificial color or sweeteners.

**Suggested use:** Mix 2-4 tablespoons (approx. 16-32g) of Absorice with 380ml (13 ounces) of water. Mix in shaker or blender until all the absorice is completely dissolved. Intensity of taste varies with increasing or decreasing water quantity, find the ratio which fits best for you. Absorice mixes well with milk or yogurts, if you are sure you are not allergic or intolerant to dairy you can try these shakes for an even creamier mouthfeel.

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**100%  
VEGAN**



**NON  
GMO**



**WITH  
STEVIA**



**72%  
NET PROTEIN  
CONTENT**



**HIGH IN  
BCAA**

# ABSORICE CLEAN PROTEIN FROM RICE

Available package sizes:

**500g**



**Ingredients:** protein concentrate from rice

**Hypoallergenic:** Contains no yeast, dairy, egg, gluten, corn, soy or wheat.

Contains no sugar, starch, salt, preservatives, artificial color or sweeteners.

**Suggested use:** Add to yoghurt, ice cream, cakes, muffins, cookies, bread, pancakes or any other food to ensure necessary daily protein intake.

Protein content of food can be significantly increased by adding some tablespoons of the product, reducing proportional net content of carbohydrates and fat. One tablespoon of Absorice Clean Protein from rice (10g) contains 8g of pure protein.

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**Notice:** Use this product as a food supplement only. Not intended as a meal replacement. These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Consume within 90 days of opening. Store in a cool, dry place.

Produced exclusively by Absorice Hungary Kft. 40 Cserkut St Budapest, Hungary 1162

Place of origin: EU

TYPICAL VALUES	PER 100 G	PER 10 G SERVING	*NRV / SERVING
ENERGY (kJ)	1187 kJ	119 kJ	1,8%
► CALORIE (kcal)	448 kcal	45 kcal	1,8%
FAT (g)	12 g	1,2 g	1,3%
► SATURATED FAT (g)	3,7 g	0,3 g	1%
CARBOHYDRATE (g)	6,1 g	0,6 g	0,2%
► SUGAR (g)	0,3 g	0,03 g	0%
FIBRE (g)	7,6 g	0,7 g	–
PROTEIN (g)	80 g	8 g	14,5%
SALT (g)	0,06 g	0 g	0%
* NUTRIENT REFERENCE VALUES			



**GLUTEN  
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DAIRY FREE**



**ALLERGEN  
FREE**



**SAFE &  
HEALTHY**





# ABSORICE CLEAN PROTEIN FROM PEAS

Available package sizes:

**350g**



**Ingredients:** protein concentrate from peas

**Hypoallergenic:** Contains no yeast, dairy, egg, gluten, corn, soy or wheat.

Contains no sugar, starch, salt, preservatives, artificial color or sweeteners.

**Suggested use:** Add to yoghurt, ice cream, cakes, muffins, cookies, bread, pancakes or any other food to ensure necessary daily protein intake.

Protein content of food can be significantly increased by adding some tablespoons of

the product, reducing proportional net content of carbohydrates and fat. One tablespoon of Absorice Clean Protein from rice (10g) contains 8g of pure protein.

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Place of origin: EU

TYPICAL VALUES	PER 100 G	PER 10 G SERVING	*NRV / SERVING
ENERGY (kJ)	1455 kJ	145,5 kJ	1,4%
► CALORIE (kcal)	348 kcal	34,8 kcal	1,4%
FAT (g)	1,3 g	0,1 g	0,1%
► SATURATED FAT (g)	0,2 g	0 g	0,1%
CARBOHYDRATE (g)	0,4 g	0 g	0%
► SUGAR (g)	0 g	0 g	0%
FIBRE (g)	2,3 g	0,2 g	–
PROTEIN (g)	83,6 g	8,4 g	15%
SALT (g)	2 g	0,2 g	7%
* NUTRIENT REFERENCE VALUES			



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DAIRY FREE**



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# ABSORICE EXTRA NATURAL CHOCOLATE

Available package sizes:

**500g**



Chocolate flavored protein supplement for athletes

**Ingredients:** rice protein, pea protein, cocoa powder, tara gum, natural flavoring, carob powder, steviol glycosides

**Hypoallergenic:** Contains no yeast, dairy, egg, gluten, corn, soy or wheat.

Contains no sugar, starch, salt, preservatives, artificial color or sweeteners.

**Suggested use:** mix 2-4 tablespoons (approx. 16-32 g) of absorice with 380 ml (13 ounces)

of water. Mix in shaker or blender until all the Absorice is completely dissolved. Intensity of taste varies with increasing or decreasing water quantity, find the ratio which fits best for you. Absorice mixes well with milk or yogurts, if you are sure you are not allergic or intolerant to dairy you can try these shakes for an even creamier mouthfeel.

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Place of origin: EU

TYPICAL VALUES	PER 100 G	PER 30 G SERVING	*NRV / SERVING
ENERGY (kJ)	1657 kJ	497 kJ	6%
► CALORIE (kcal)	497 kcal	118 kcal	6%
FAT (g)	7.3 g	2.2 g	3%
► SATURATED FAT (g)	2.4 g	0.7 g	4%
CARBOHYDRATE (g)	12.6 g	3.8 g	1%
► SUGAR (g)	0.5 g	0.1 g	0%
FIBRE (g)	6.7 g	2 g	–
PROTEIN (g)	72 g	21.6 g	43%
SALT (g)	2 g	0.6 g	10%
* NUTRIENT REFERENCE VALUES			



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DAIRY FREE**



**ALLERGEN  
FREE**



**SAFE &  
HEALTHY**



# ABSORICE EXTRA NATURAL VANILLA

Available package sizes:

**500g**



Vanilla flavored protein supplement for athletes

**Ingredients:** rice protein, pea protein, bamboo fibre, tara gum, carob powder, natural flavoring, steviol glycosides

**Hypoallergenic:** Contains no yeast, dairy, egg, gluten, corn, soy or wheat.

Contains no sugar, starch, salt, preservatives, artificial color or sweeteners.

**Suggested use:** mix 2-4 tablespoons (approx. 16-32 g) of absorice with 380 ml (13 ounces)

of water. Mix in shaker or blender until all the Absorice is completely dissolved. Intensity of taste varies with increasing or decreasing water quantity, find the ratio which fits best for you. Absorice mixes well with milk or yogurts, if you are sure you are not allergic or intolerant to dairy you can try these shakes for an even creamier mouthfeel.

**Caution:** Do not use if seal is broken or missing. As with any supplement you should consult your physician before using this product. Keep out of the reach of children.

If you are pregnant, may become pregnant, breast-feeding or have a history of kidney or liver problems, consult your health care professional before using this product.

**Notice:** Use this product as a food supplement only. Not intended as a meal replacement.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Consume within 30 days of opening. Store in a cool, dry place.

Produced exclusively by Absorice Hungary Kft. 40 Cserkut St Budapest, Hungary 1162

Place of origin: EU

TYPICAL VALUES	PER 100 G	PER 30 G SERVING	*NRV / SERVING
ENERGY (kJ)	1615 kJ	485 kJ	6%
► CALORIE (kcal)	485 kcal	115 kcal	6%
FAT (g)	6.3 g	1.9 g	3%
► SATURATED FAT (g)	1.7 g	0.5 g	3%
CARBOHYDRATE (g)	12.2 g	3.7 g	1%
► SUGAR (g)	0.6 g	0.2 g	0%
FIBRE (g)	8.9 g	2.7 g	–
PROTEIN (g)	72 g	21.6 g	43%
SALT (g)	2 g	0.6 g	10%
* NUTRIENT REFERENCE VALUES			





# ABSORICE EXTRA NATURAL CAPPUCCINO

Available package sizes:

**500g**



Cappuccino flavored protein supplement for athletes

**Ingredients:** rice protein, pea protein, carob powder, tara gum, bamboo fibre, natural flavoring, steviol glycosides

**Hypoallergenic:** Contains no yeast, dairy, egg, gluten, corn, soy or wheat.

Contains no sugar, starch, salt, preservatives, artificial color or sweeteners.

**Suggested use:** mix 2-4 tablespoons (approx. 16-32 g) of absorice with 380 ml (13 ounces)

of water. Mix in shaker or blender until all the Absorice is completely dissolved. Intensity of taste varies with increasing or decreasing water quantity, find the ratio which fits best for you. Absorice mixes well with milk or yogurts, if you are sure you are not allergic or intolerant to dairy you can try these shakes for an even creamier mouthfeel.

**Caution:** Do not use if seal is broken or missing. As with any supplement you should consult your physician before using this product. Keep out of the reach of children.

If you are pregnant, may become pregnant, breast-feeding or have a history of kidney or liver problems, consult your health care professional before using this product.

**Notice:** Use this product as a food supplement only. Not intended as a meal replacement.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Consume within 30 days of opening. Store in a cool, dry place.

Produced exclusively by Absorice Hungary Kft. 40 Cserkut St Budapest, Hungary 1162

Place of origin: EU

TYPICAL VALUES	PER 100 G	PER 30 G SERVING	*NRV / SERVING
ENERGY (kJ)	1595 kJ	478 kJ	6%
► CALORIE (kcal)	478 kcal	114 kcal	6%
FAT (g)	6.4 g	1.9 g	3%
► SATURATED FAT (g)	1.7 g	0.5 g	3%
CARBOHYDRATE (g)	11.6 g	3.5 g	1%
► SUGAR (g)	1.8 g	0.5 g	1%
FIBRE (g)	8 g	2.4 g	–
PROTEIN (g)	72 g	21.6 g	43%
SALT (g)	2 g	0.6 g	10%
* NUTRIENT REFERENCE VALUES			



**GLUTEN  
FREE**



**LACTOSE &  
DAIRY FREE**



**ALLERGEN  
FREE**



**SAFE &  
HEALTHY**



# ABSOBAR PROTEIN BAR CHOCOLATE

Net weight:

**74g**



Chocolate flavored gluten free, lactose free and vegan protein bar

**Ingredients:** AbsoRice protein blend (pea protein isolate, rice protein concentrate), rice syrup, fructo-oligosaccharides, chocolate coating (isomalt, cocoa mass, cocoa butter, soy lecithin, vanillin, cocoa solids), coconut oil, soy lecithin, grated coconut, glycerol, cocoa powder, flavouring, cellulose gum, steviol glycosides

**Suggested use:** Consume before or after your workout or other physical exercise

**Caution:** Do not use if packaging is damaged. Keep out of the reach of children. If you are pregnant, may become pregnant, breastfeeding or have a history of kidney or liver problems, consult your health care professional before using this product.

**Notice:** Not intended as a meal replacement. These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**Allergens:** soy.

Produced exclusively by Absorice Hungary Kft. 40 Cserkut St Budapest, Hungary 1162.  
Made in the European Union.

TYPICAL VALUES	PER 100 G	1 BAR / 74 G	*NRV / BAR
ENERGY (kJ)	1502,5 kJ	1171,0 kJ	14%
► CALORIE (kcal)	377,2 kcal	279,1 kcal	14%
FAT (g)	14,5 g	10,8 g	15%
► SATURATED FAT (g)	9,4 g	7,0 g	35%
CARBOHYDRATE (g)	23,4 g	17,3 g	7%
► SUGAR (g)	15,7 g	11,6 g	13%
FIBRE (g)	15,0 g	11,1 g	–
PROTEIN (g)	20,5 g	21,1 g	42%
SALT (g)	0,5 g	0,3 g	6%
* NUTRIENT REFERENCE VALUES			



**GLUTEN  
FREE**



**LACTOSE  
FREE**



**ONLY VEGAN  
INGREDIENTS**



**W/ NATURAL  
SWEETENER**



**SAFE &  
HEALTHY**

# ABSOBAR PROTEIN BAR BANANA

Net weight:

**74g**

Banana flavored gluten free, lactose free and vegan protein bar

**Ingredients:** AbsoRice protein blend (pea protein isolate, rice protein concentrate), rice syrup, fructo-oligosaccharides, chocolate coating (isomalt, cocoa mass, cocoa butter, soy lecithin, vanillin, cocoa solids), coconut oil, banana powder, glycerol, soy lecithin, flavouring, cellulose gum, steviol glycosides

**Suggested use:** Consume before or after your workout or other physical exercise

**Caution:** Do not use if packaging is damaged. Keep out of the reach of children. If you are pregnant, may become pregnant, breastfeeding or have a history of kidney or liver problems, consult your health care professional before using this product.

**Notice:** Not intended as a meal replacement. These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**Allergens:** soy.

Produced exclusively by Absorice Hungary Kft. 40 Cserkut St Budapest, Hungary 1162.

Made in the European Union.



TYPICAL VALUES	PER 100 G	1 BAR / 74 G	*NRV / BAR
ENERGY (kJ)	1484.4 kJ	1098.5 kJ	13%
► CALORIE (kcal)	353.7 kcal	261.7 kcal	13%
FAT (g)	10.2 g	7.5 g	11%
► SATURATED FAT (g)	7.2 g	5.3 g	27%
CARBOHYDRATE (g)	27.1 g	20.1 g	8%
► SUGAR (g)	18.9 g	14.0 g	16%
FIBRE (g)	15.2 g	11.3 g	—
PROTEIN (g)	28.8 g	21.3 g	43%
SALT (g)	0.5 g	0.3 g	6%
* NUTRIENT REFERENCE VALUES			



# ABSOBAR PROTEIN BAR STRAWBERRY

Net weight:

**74g**



Strawberry flavored gluten free, lactose free and vegan protein bar

**Ingredients:** AbsoRice protein blend (pea protein isolate, rice protein concentrate), rice syrup, fructo-oligosaccharides, chocolate coating (isomalt, cocoa mass, cocoa butter, soy lecithin, vanillin, cocoa solids), coconut oil, glycerol, soy lecithin, dried strawberry pieces, beetroot extract, flavouring, cellulose gum, steviol glycosides

**Suggested use:** Consume before or after your workout or other physical exercise

**Caution:** Do not use if packaging is damaged. Keep out of the reach of children. If you are pregnant, may become pregnant, breastfeeding or have a history of kidney or liver problems, consult your health care professional before using this product.

**Notice:** Not intended as a meal replacement. These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**Allergens:** soy.

Produced exclusively by Absorice Hungary Kft. 40 Cserkut St Budapest, Hungary 1162.  
Made in the European Union.

TYPICAL VALUES	PER 100 G	1 BAR / 74 G	*NRV / BAR
ENERGY (kJ)	1478.4 kJ	1094.0 kJ	13%
► CALORIE (kcal)	352.4 kcal	260.8 kcal	13%
FAT (g)	10.4 g	7.7 g	11%
► SATURATED FAT (g)	7.3 g	5.4 g	27%
CARBOHYDRATE (g)	25.8 g	19.1 g	7%
► SUGAR (g)	18.0 g	13.3 g	15%
FIBRE (g)	15.6 g	11.6 g	—
PROTEIN (g)	29.1 g	21.5 g	43%
SALT (g)	0.5 g	0.3 g	6%
* NUTRIENT REFERENCE VALUES			

